

Peer Support

Peer support is a service where people with the lived experience of substance use disorder and/or mental illness provide support to their peers. Peer support can be accessed in a variety of settings including hospitals, treatment centers, and community-based organizations. Certified Peer Recovery Supporters can also have lived experience of mental illness, homelessness, domestic violence, etc.



Recovery Community Organizations

An RCO is a peer-led community-based organization that provides supportive services and activities for people in and seeking recovery from substance use disorders. To find an RCO near you, visit:<u>www.ocaar.org/statewide-rco-network</u>



Recovery Housing

Recovery housing is a supportive housing environment that provides a safe, sober place for people in recovery from substance use disorders to live and access recovery programming. If you are homeless or at risk of becoming homeless, recovery housing may be a good fit for you. To find a recovery home near you, visit: <u>www.ohiorecoveryhousing.org</u>



Multiple Pathways

Here is more than one path to access recovery from a substance use disorder. Celebrate Recovery: <u>www.celebraterecovery.com</u> Smart Recovery: <u>www.smartrecovery.org</u> Alcoholic Anonymous: <u>www.aa.org</u> Narcotics Anonymous: <u>www.na.org</u>



Harm Reduction

Harm reduction services are an available option for people in crisis who may or may not be seeking long term recovery. Harm reduction can include things like needle exchange programs, fentanyl test strips, overdose reversal drugs and more. Other spaces that may offer free naloxone in your community may include libraries, police stations, public health departments, ADAMH/ MHRB, recovery community, etc.

Free Naloxone: <u>https://naloxone.ohio.gov/get-naloxone/individual</u> Fentanyl Test Strips: <u>https://thesoarinitiative.org/get-free-test-strips/</u> Deadly Batch Alerts: <u>https://thesoarinitiative.org/deadly-batch-alerts/</u> HIV Testing: <u>https://ohiv.org/</u>



Healthcare

For those looking to access healthcare services like primary care, dental care, counseling, prescription assistance, etc., please call (614) 914-6458 or visit <u>https://www.charitablehealthcarenetwork.org/who-we-are/clinic-map-test.html</u>

